Every Woman Should Know

There are three entirely different kinds of baking powder, namely:

- (1) Cream of Tartar, derived
- from grapes, Alum, a mineral acid, and (3) Phosphate of Lime.
- (1) Baking Powders made of Cream of Tartar add to the food the same healthful qualities as exist in the ripe grapes from which Cream of Tartar is derived.
- (2) Baking Powders made of Alum add to the food some form of Alum or Aluminum, a heavy metal, wholly foreign to any natural article of food.
- (3) Phosphate of Lime is made from rock or by burning bones which by chemical action are changed into a white powder. It is used in baking powder only because it is a cheaper substitute.

A Cream of Tartar powder never contains Alum or Phosphate.

Every housekeeper should read the ingredients printed on the label and know what she is using.

> ROYAL BAKING POWDER CO. New York

MONEY IS CHEAP NOW

Kansas Banks Bulging With Cash They Can't Keep Working.

Kansas City, Mo., March 23.— the immediate future. Money at the present rates cannot go begging long. ment today of one of the big business men of Kansas City. It is the cheapest money has been for several years, he went on to explain, and he then James Milton, alias Larry Harlan, one added that while he had always been of the two youths who robbed the

added that while he had always been a heavy borrower, this was the first time that he had not been in debt to the banks. Within a week, he said, three bankers had asked him if he couldn't use some money.

Kansas state banks are bulging with cash. That was clearly shown in the statement of the bank commission which indicated ten million excess over alf previous records of deposits. The national banks in this section are in the same fix. The high price of wheat, the large sale of horses and mules for "cannon fodder" and the new federal reserve bank of the two youths who robbed the State bank here February 10, and escaped from jail March 1, has been arrested in Aurora, Ill., according to a message received by Sheriff Carroll today from the Aurora chief of police.

Roads Almost Impassable.

Courtland, Kan., March 23.—The roads around Courtland have been nearly impassable for the past two weeks. The rural mail carriers have been making their rounds on horse back. The carrier on route 2 is taking his substitute and each carrying half of the route.

have all worked together to ease the money situation. Big business men here say they can get time money on commercial paper for 4½ per cent. The bankers are trying hard to get some of their sur-

plus cash to working for interest. Indications point to increased investments in Kansas and Missouri in the immediate future. Money at the

Young Bank Robber Captured.

Yates Center, Kan., March 23 .-



Well, I'll take your word for it. Don't fool with it around here!

That's what any sane individual would say to a man with a loaded gun. Yet there are thousands tampering with a beverage loaded with a poisonous drug which gets in its work with sure precision.

That beverage is Coffee— Caffeine is its drug.

Headache, biliousness, nervousness, sleeplessnessthese are same of the signs that so often accompany cof-

Knowing that coffee is loaded, why not quit it and use

INSTANT POSTUM

-a pure food-drink, made from hard northern wheat with a bit of wholesome molasses. Caffeine-free-drug-freedelicious-nourishing-economical.

Postum comes in two forms: Postum Cerealhas to be well boiled; 15c and 25c packages. Instant Postum-made in the cup with hot water; 30c and 50c tins. Both forms are equally delightful; cost per cup about the same.

No dangers-no fears with POSTUM. Old and young drink it with pleasure and benefit.

"There's a Reason"

Sold by Grocers everywhere.

PULITICAL GOSSIP.

Wick, Ross of Rice, Laing of Russell, Pettyjohn of Ford, Hopper of Ness, Drummond of Norton, Clark of Sheridan, Showalter of Thomas, Samson of Gove; Hendricks of Rawlins, Uplinger of Cheyenne, McGinnis of Gree, ley, Jewett of Lane, Bray of Hamilton, Brice of Gray and Chittenden of Ellis.

4 TOPEKANS TO SPFAY

Wick, Ross of Rice, Laing of Russell, Pettyjohn of Ford, Hopper of Ness, Or Rawlins, Uplinger of Cheyenne, McGinnis of Gree, ley, Jewett of Lane, Bray of Hamilton, Brice of Gray and Chittenden of Ellis.

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4 TOPEKANS TO SPFAY

years.
Senator Price of Clark county has been persistently boosted for congress from the Seventh district, but the crafty, hard fighting, Ashland lawyer stated before leaving Topeka that he did not want to go the national house.
"I would rather take things just a little easy and add ten years to my life." explained the popular western legislator. "I have no ambition to go to congress. As for coming back to Topeka I haven't thought very much to congress. As for coming back to Topeka I haven't thought very much about that.'

Shouse to Try Again.

Senator William M. Price of the Greenwood-Lyon district, is something more than a congressional possibility in the Fourth district. Price is not possessed of a genuine love for Congressman Doolittle and has quietly intimated that the Fourth district member's record has been been a congressed.

hand, Manin has at times been hertioned for congress.

Along with the Sixth district troubles, is a possibility that "Jimmy" Malone may break into the fight against
Congressman Connelly. Malone served an apprenticeship in the house.
Then he took District Attorney Fred
Robertson's place in the senate. Now,
it is intimated, he has a congressional
been

Wilson a Fighter.
Senator Walter E. Wilson of Wash-igton may be a candidate for the Reministration in the appropriation fight. He threw rocks at everything that looked like extra expense for the property owners at home and an economy record has at sundry times been a high grade plate. omy record has at sundry times been a high grade platform on which to

A. Ferrell of Chautauqua is slated to succeed Senator John Denton who has served eight years in the up-per house. Ferrell came to the legislature among the new material, showed ability in handling himself in debate, was picked up by the administration and went home as one of the defenders of the state treasury.

Moxeey to Succeed Waggener. T. A. Moxcey of Atchison is regarded as a most likely candidate for Sened as a most likely candidate for Senator Waggener's place on the Democratic Senatorial ticket, with the Republican leadership in doubt.

Keene of Bourbon, chairman of the house ways and means committee and member of the house during three sessions, will probably run for congress in the Second district. Keene came to Topeka a speakership candidate, was beaten by Stone of Shawnee, who placed the Bourbon member at the head of the big ways and means committee. Keene's fight on appropriations brought him into state wide prominence and his candidacy and ability to explain the appropriation situation would doubtless be an asset to the state administration next year. to the state administration next year.

Stone for Congress. Speaker Stone of Shawnee is regarded as a First district congressional probability if things break right. By breaking right in the First district means a flood of trouble overtaking Congressman D. R. Anthony, jr., in

the next fifteen months. Jasper T. Kincald, Democrat, may return to the legislature from Gov-ernor Hodges' home county, Johnson. Frank L. Travis of Allen, Republican is listed as a congressional candidate in the Second district next year. In fact, it is stated that Travis has already told his friends of his plan to enter the race. All of which may complicate the Keene situation.

Sherman Elliott of Douglas, Lamb of Dickinson, Joe Satterthwaite of Butler, Republican; Will Wayman of Lyon, Progressive, and A. A. Doerr of Pawnee, Democrat, may be senatorial candidates from their respective dis-tricts next year. Added to this list are a number of house members who may have a desire to return for the 1917 session. These include Brown of Greenwood, Holbrook and Van-Cleave of Wyandotte, Endres and Gil-man of Leavenworth, Lamb of Mont-gomery. Wilmoth of Cloud—who might jump into the senatorial fight —Tyson of Linn, Stauffer of Douglas, Waggoner and Burton of Cherokee Schmidt of Marshall, Bardwell of Riley, Pettit of Marion, Jocelyn of Sedg-

Will Be Largest Ever.

Lawrence, Kan., March 23 .- Four Lawrence, Kan. March 23.—Four Topekans will speak at the annual meeting of teachers in the secondary schools at Kansas at Lawrence March 26-27. The meetings will be held at the University of Kansas campus and the entire state board of administration is scheduled to come down from Topeka for the discussions.

W. D. Ross, state superintendent of public instruction: A. J. Stout. Dr. S.

Shouse to Try Again.

Senator Shouse will not aspire to the state senate next year. Instead he will be a candidate for another term to congress from the big Seventh district. Should Senator Price decide to enter the congressional fight, the two senators would probably be the opposing candidates in the fight a year from next fall.

The senate may contribute two Democratic congressional candidates next year if there is a further breach in the affairs in the Second district.

J. M. Davis of Bourbon county and Noah L. Bowman of Anderson county are both congressional possibilities. Senator Bowman took chips in the fight against Congressman Taggart last summer, but was beaten in the primary.

Congressional Candidates.

Senator William M. Price of the Greenwood-Lyon district, is something more than a congressional possibility in the Fourth district. Price is not possessed of a genuine love for Congressman Doolittle and has quietly interested their the Fourth district. Price is not possessed of a genuine love for Congressman Doolittle and has quietly interested their tops a condition of the discussions.

W. D. Ross, state superintendent of public instruction; A. J. Stout, Dr. S. Estey and H. B. Wilson are the four Topeka speakers. In addition E. T. Hackney, chairman of the state board, will address a general gathering as well as help with the arrangements for the visitors. The proposal to combine the seventh and eighth grades of elementary will be one of the "Berkeley Plan" will be one of the light school course according to the "Berkeley Plan" will be one of the William At the University of Chicago, and the University of C

BACK AT HIS OLD JOB.

in the Fourth district. Price is how possessed to difficult and as quietly bit imated that the Fourth district member's record has been best expressed in the pronunciation to the pronunciation of th by Ben Hegler, chairman of Sedgwick county committee.

GO TO SALES IN AUTOS.

But Western Kansas Farmers Still Pay

Brewster, Kan., March 23.—That the farmers of northwest Kansas are making money is shown by a recent sale near town. The clerk of the sale was Ike W. Crumley, cashier of the State bank. There were 56 automobiles present, and each had from four to six occupants. Besides there were many other horse vehicles present. One mare sold for \$530, and another for \$217.50. Everything else sold accordingly, the sale amounting to over \$3,500, and with the exception of less \$3,500, and with the exception of less than \$1,000 in notes the balance was

1914. The grain marketed brought for this afternoon. Great secrecy has \$305,376.05, besides for the cream been maintained but because of the shipped out the farmers were paid high rank of some of the officers de-\$19,875.25. The outlook for crops in 1915 is more promising now than a



Ah! what relief. No more tired feet; no more burning feet; no more swollen, bad smelling, sweaty feet. No more pain in corns, callouses or bunions. No matter what ails your feet or what un-

matter what alls your feet or what under the sun you've tried without getting relief, just use "TIZ."

"TIZ" is the only remedy that draws out all the poisonous exudations which puff up the feet; "TIZ" is magical; "TIZ" is grand; "TIZ" will cure your foot troubles so you'll never limp or draw up your face in pain. Your shoes won't seem tight and your feet will never, never hurt or get sore, swollen or tired. Think of it, no more foot misery; no more burning corns, callouses

ery; no more burning corns, callouses or bunions. Get a 25 cent box at any drug store or department store, and get instant re-lief. Get a whole year's foot relief for only 25 cents. Think of it!—Adv.

normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant effervescent lithia-water drink which overcomes uric acid and is beneficial to your kidneys as well.—

Adv.

Woman Improves a Newspaper

A General Court Martial On. cash.

Brewster was a good grain point in general court martial has been called 1914. The grain marketed brought for this afternoon. Great secrecy has officer ranking not lower than cap-tain will be tried.

SPECIAL SALE ON

The Time for

Spring House Cleaning

is at Hand

The most practical as well as the most economical

way to clean rugs, carpets, draperies and mattresses

is a wonderful little machine. It will get rid of more

dirt, without raising any dust, in an hour's time than

you could sweep out with a broom in a half-day or

The entire machine weighs only 91/2 pounds; so light that a mere child can operate it. During our

March sale, which continues until the end of the

month, we are offering these Frantz-Premier Clean-

The Torrington

-is the ideal machine for the home without electricity. It is a combination carpet sweeper and vacuum cleaner; generally considered to be the best machine of this kind on the

Torrington Model K. is made with 3 bellows, genuine Chinese Hankow bristle brush, automatic brush release and

brush adjuster (for cleaning different kinds of carpets),

roller bearings, mahogany finish case with nickel trimmings.

K, encased in a handsome Circassian Walnut Case. Price

Special at \$5.25

At the special price of \$5.25 we are offering the Torrington Model W, mahogany case, full nickel trimmings, 3 bellows, genuine bristle brush and roller bearings. A Sweeper

Torrington De Luxe has the same working parts as Model

ers at the special price of \$22.50.

guaranteed to do satisfactory work.

is through the use of reliable Vacuum Cleaner.

Electric Cleaner

\$22.50



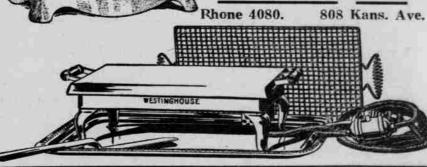


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Regular Prices from \$5 to \$6 To Our Cus-See Display

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COLDS, HEADACHE, CONSTIPATION, **REGULATE YOUR BOWELS! 10 CENTS**

Bad Colds, Furred Tongue, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and aches come from a torpid liver and tonight will straighten you out by clogged constipated bowels, which morning—a 10-cent box from your cause your stomach to become filled druggist will keep your Liver active with undigested food, which sours and ferments like garbage in a swill bar-rel. That's the first step to untold months. Don't forget the children.



8 Daily Trains To KANSAS CITY

DOUBLE TRACK Lv. TOPEKA Ar. KAN, CITY 4:15 a.m. 5:50 a.m. 7:40 a.m. 3:05 p.m. 3:25 p.m. 7:35 a.m. 9:25 a.m. 4:50 p.m. 5:20 p.m.

NO STOPS T. KAN. CITY | Ar. TOPEKA 9:35 a.m. 12:05 p.m. 12:40 p.m. 12:50 p m. 8:00 p.m. 9:45 p.m. 10:10 a.m. 10:50 a.m. 11:00 a.m. 6:10 p.m. 8:00 p.m. 10:00 p.m.

WANTED

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